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**Diabetic Footcare** aims to prevent and manage foot problems in patients with diabetes. Patients can expect to receive regular foot exams, treatments for any existing foot wounds or infections, and be provided with diabetic shoes and orthotics to reduce the risk of further injury.

**Ingrown toenail treatment** is a procedure that aims to remove the ingrown portion of the toenail and prevent it from growing back into the skin. The goal is to relieve pain and prevent infection.

**Athlete's foot treatment** is a procedure that aims to eliminate the fungal infection that causes athlete's foot. Patients can expect a discussion of treatment options which may include topical or oral anti-fungal medications.

**Achilles Tendinitis** is a condition that occurs when the Achilles tendon becomes inflamed, causing pain and stiffness. The treatment aims to reduce the inflammation and discomfort when moving.

**Radiofrequency** uses heat to destroy tissue. For pain management, radio waves are sent through a precisely placed needle to heat an area of the nerve. This numbs the nerve and prevents pain signals from being sent back to your brain



**We also provide in-office MIS surgery for bunions, hammertoes, and other foot deformities.**

**Heal Faster and Reduce Pain with Minimally Invasive Surgery (MIS)**



*Marian Footcare*

**Take a step towards healthy feet!**



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**In-Office Podiatry Services**

- Diabetic Foot care
- Ingrown Toenails treatment
- Athlete's Foot treatment
- Achilles Tendinitis treatment
- Heel pain treatment
- Foot and Ankle pain care
- Wound Care

**...and many more!**

# Laser treatments

**Fox Laser Therapy** works by killing the fungus which lives in and beneath the toenail. A laser beam is directed across the nail bed, promoting further nail growth to come in healthy and clear. Most patients only require one treatment.



**MLS Laser Therapy** uses laser energy to reduce pain and inflammation in the feet, by targeting the underlying tissues and stimulating the production of new cells.



# Physical Therapies

**EPAT Shockwave Therapy** is a non-invasive procedure that uses high energy soundwaves to stimulate the body's natural healing process to treat musculoskeletal conditions.



**SWIFT Wart Treatment** is a non-invasive procedure that uses microwave energy to treat warts and verrucas. It heats up the tissue and destroys the virus that causes warts.



# Injections

**PRP injections** are a non-surgical treatment option that uses the patient's own blood to promote healing and tissue regeneration. The procedure reduces inflammation in the affected area and accelerates the healing process.



**Leneva™ Injections** are a non-surgical treatment for painful corns, calluses, and fat pad restoration. The procedure involves injecting a specialized gel into the affected area, which helps to cushion and protect it from pain and discomfort.

**Take a step towards healthy feet!**

